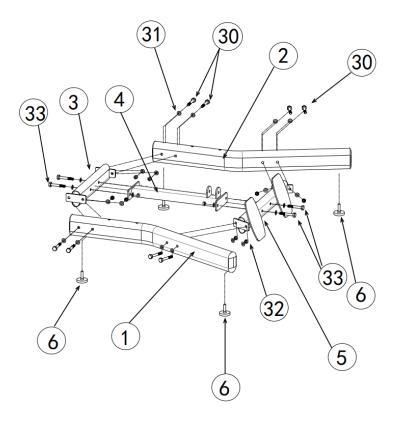


# INSTRUCTION

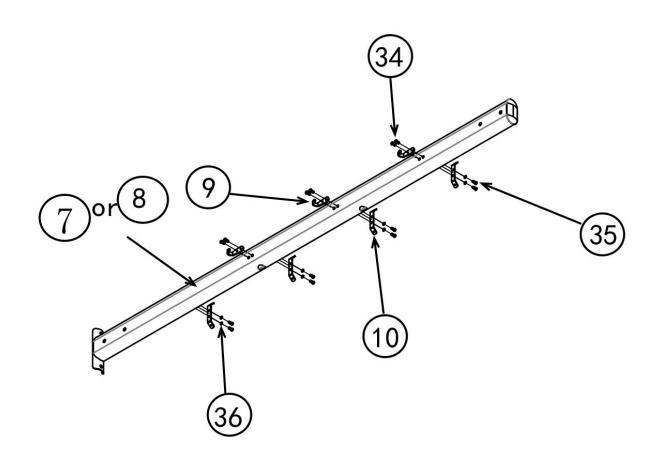




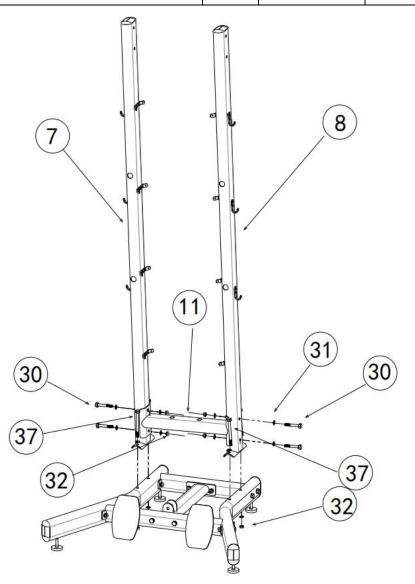
List for this step					
Mode1	Name	Spec	Qty		
1	Base Stabilizer (L)		1		
2	Base Stabilizer (R)		1		
3	Rear connection		1		
4	Medium connection		1		
5	Front connection		1		
6	Leveling damping pad		4		
30	Hex Bolt	M10*70	8		
31	Washer	Φ10	24		
32	Aircraft Nut	M10	12		
33	Hex Bolt	M10*60	4		



After Installation	List for this step			
	Model	Name	Spec	Qty
	7	Upright Support (L)		1
a.	8	Upright Support (R)		1
	9	Hook		6
	10	Guard plate holder		8
	34	Hex cup head bolt	M5*16	12
	35	Hex cup head bolt	M6*16	16
	36	Washer	Φ6	16

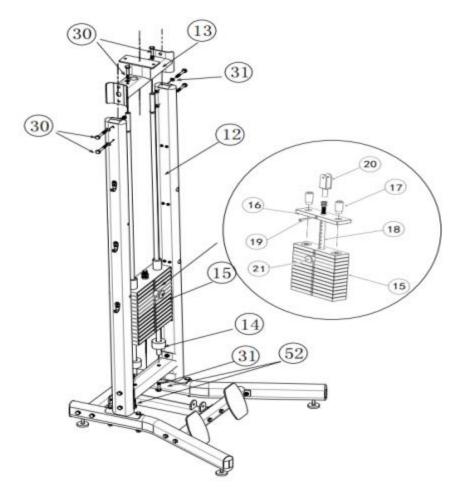


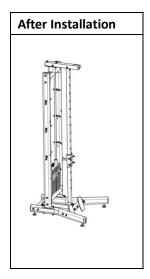
tion	List for t	this step		
7	Mode1	Name	Spec	Qty
		Upright Support		
	7	(L)		1
		Upright Support		
	8	(R)		1
		Weight Plate		1
	11	Holder		1
	30	Hex Bolt	M10*70	4
	31	Washer	Φ10	16
	32	Aircraft Nut	M10	8
	37	Hex Bolt	M10*120	4



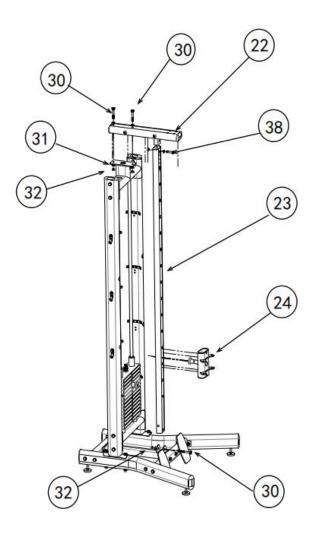


List for this step				
Mode1	Name	Spec	Qty	
12	Guide Rod		2	
13	Top connecting tube		1	
14	Shock pad		2	
15	Weight set		19	
16	Top Weight		1	
17	Guide sleeve		2	
18	Selector rod		1	
19	Open elastic pin		1	
20	150 Pulley Bracket		1	
21	Selector pin		1	
30	Hex Bolt	M10*70	6	
31	Washer	Φ10	14	
32	Aircraft Nut	M10	4	
52	Hex Bolt	M10*20	2	

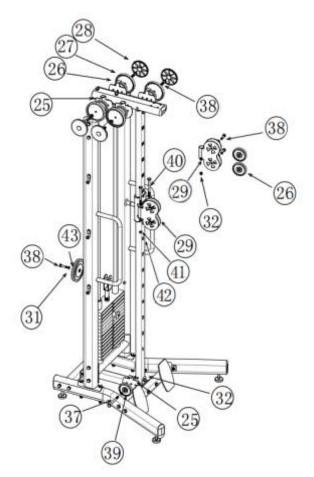


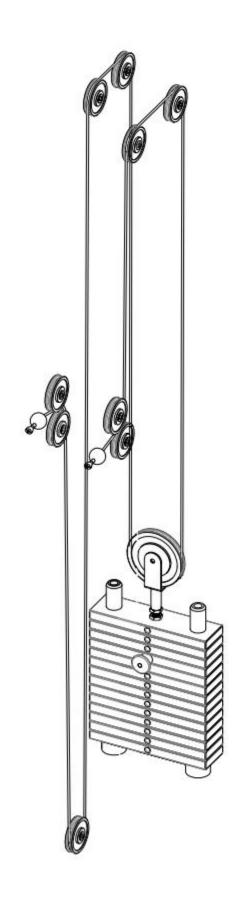


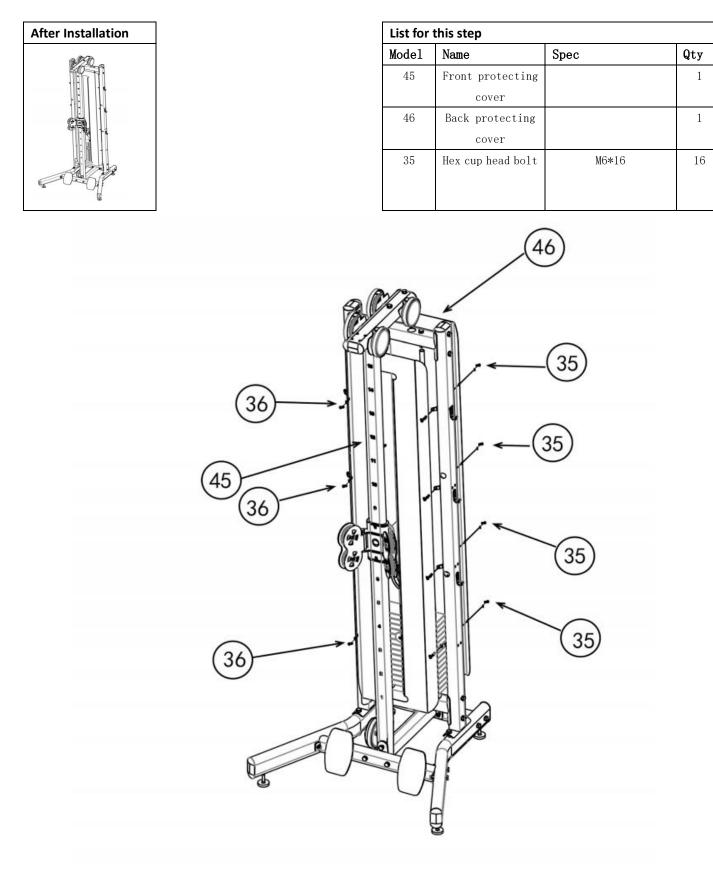
List for this step				
Mode1	Name	Spec	Qty	
	Upper		1	
22	connection			
	Adjusting tube		1	
23	set			
	pulley support		1	
24	frame set			
30	Hex Bolt	M10*70	3	
31	Washer	Φ10	8	
32	Aircraft Nut	M10	4	
38	Hex Bolt	M10*50	1	

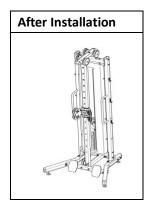


Installation	List for	this step		
	Model	Name	Spec	Qty
	25	Pulley Bracket		5
	26	Pulley	Φ110	8
	27	Pulley Cover		4
	28	Pulley Cover 2		4
		Double Floating		2
	29	Pulley Bracket		
	43	Pulley	Φ150	1
	38	Hex Bolt	M10*50	9
	31	Washer	Φ10	16
	32	Aircraft Nut	M10	6
	39	Pulley	Φ90	1
	40	Hex Bolt	M12*110	2
	41	Washer	Φ12	4
	42	Aircraft Nut	M12	2
	37	Hex Bolt	M10*120	1

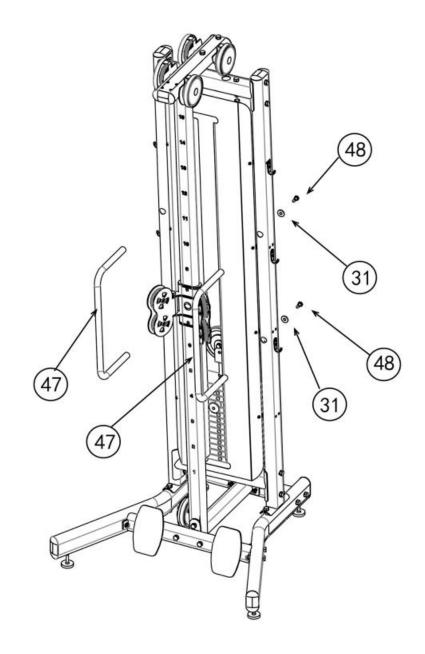






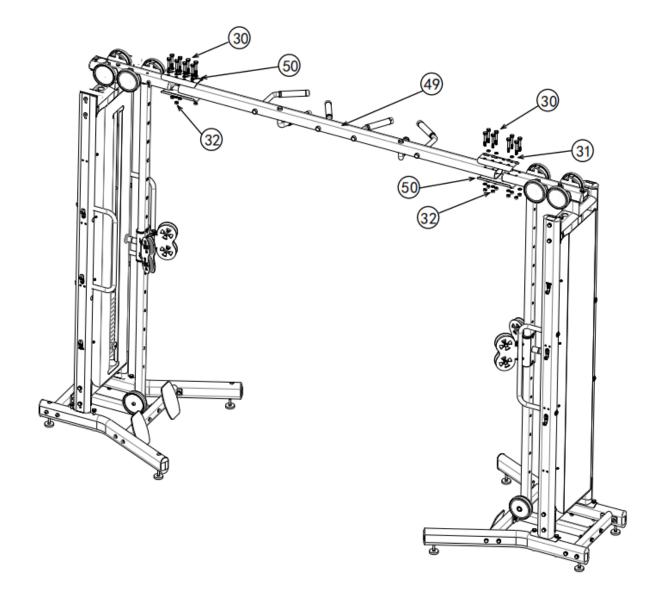


List for this step				
Mode1	Name	Spec	Qty	
47	Handrail		2	
48	Hex Bolt	M10*25	4	
31	Washer	Φ10	4	





List for this step					
Mode1	Name	Spec	Qty		
49	Cross-bar		1		
50	U-shaped plate		4		
30	Hex Bolt	M10*70	16		
31	Washer	Φ10	32		
32	Aircraft Nut	M10	16		



03/ Product description

This equipment is for indoor use, in order to improve your cardio and muscles. It trains your chest muscles and others.

You can choose the stack weight in order to get the weights or resistance you need.

You can read the placards in order to use the equipment properly.

The equipment is designed and produced according to human engineering, which can assure the safety and durability.

The equipment is designed and produced according to human engineering, strictly under GB17498.1-2008 GB17498.2-2008 standard.

The equipment is made of steel and of powder coating process, which assure the safety and durability.

#### 04/Product specification

Name	Cable Crossover	Model	
Assembly area		Weight stack	70Kg each side
NW		Grade	S
Category: type S; profe	essional/commercial use	type H; home use	

#### 05/Maintenance

- 1. Please check all the screws regularly.
- 2. Keep the equipment clean. Do not use strong solvent.
- 3. If weighted spare parts abrasion or broken, please change it at once.

#### 06/Troubleshooting guides

#### 07/Warranty

1. Warranty scope

It adopts to the situation that users use the equipment properly. Non-negotiable.

2. Warranty 1 year starts from the equipment leaving our factory

The followings are inapplicable for the warranty

- (1) Misuse the equipment, accidents or modify without notification
- (2) Breakdown of those who improperly adjust the weight stack pin.
- (3) Breakdown of those who improperly maintain.
- (4) Breakdown of other improper operations.



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