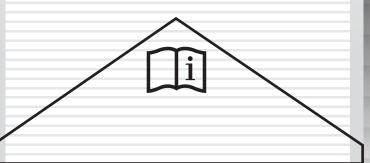


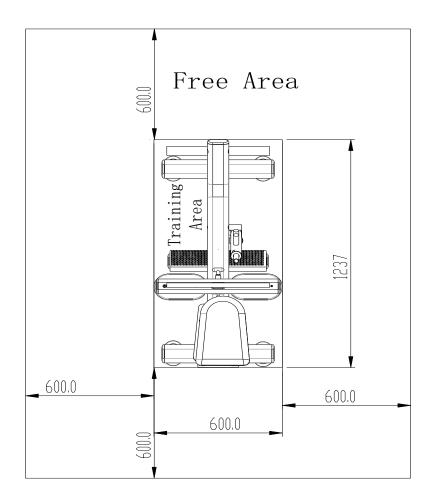
INSTRUCTION



WBX3000



Training Area and Free Area



Specifications

Class: S

Maximum Wt. Capacity: 100kg/220IBS Maximum User Weight: 135kg/297IBS Product Total Surface: 1237*600mm Product Total Mass: 50kg/110IBS

REGULAR MAINTENANCE

- 1. The safety level of the equipment can be maintained only if it is examined regularly for damage and wear, e.g. ropes, pulleys, connection points;
- 2. Pay special attention to components most susceptible to wear.
- 3. Replace defective components immediately and /or keep t he equipment out of use until repair;
- 4. This equipment should carry on regular maintenance according to the following chart:

MAINTENANCE	EVERYDAY	EVERY WEEK	THREE MONTHS
Check: connecting, bolt, Weight stack bolt	$\sqrt{}$		
Clearance:	V		
cushion and cover			
Lubrication:			$\sqrt{}$
place of sliding			
Check:		$\sqrt{}$	
bolt if tighten			
Lubrication:			$\sqrt{}$
Bracket of bearing			

INSTALL SKETCH MAP

Let assembly become easier

All the content of user's manual is to assured the strength training machine can be installed more easily

Reading the details and instructions before installing:

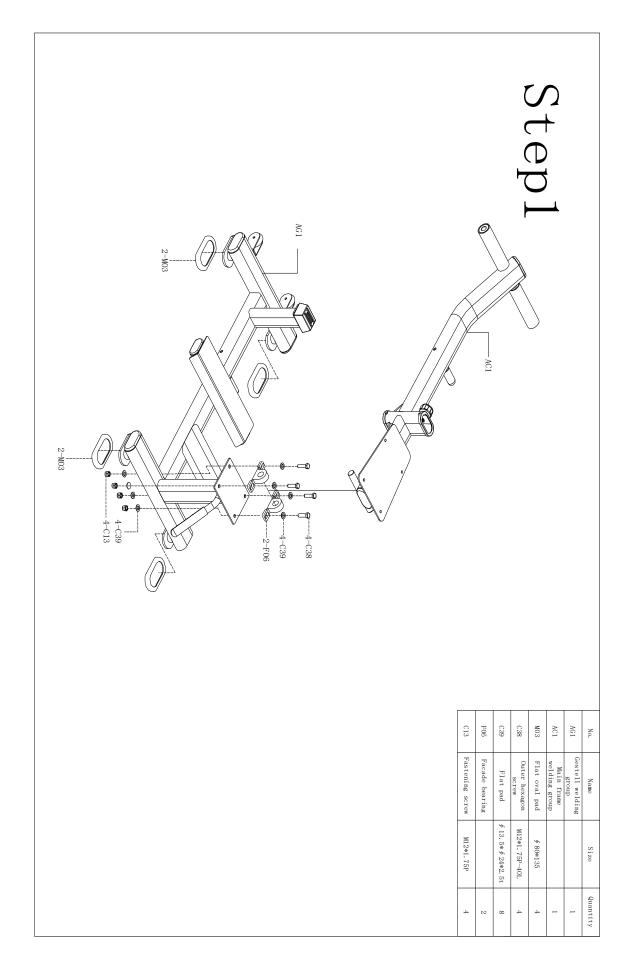
- 1. Because the size and weight of equipment is so large, Please choose the installed place near the desired station and assured there is enough space to exercise
- 2. All parts can be put on the clear area, then backout the wrapper. And the wrapper can't be through away before installation finished.
- 3. Screw the bolt tightly except the additional instruction
- 4. All parts must be installed according the illustration indication.
- 5. Installation work can be finished by tow men
- 6. Identify all parts by part identify chart

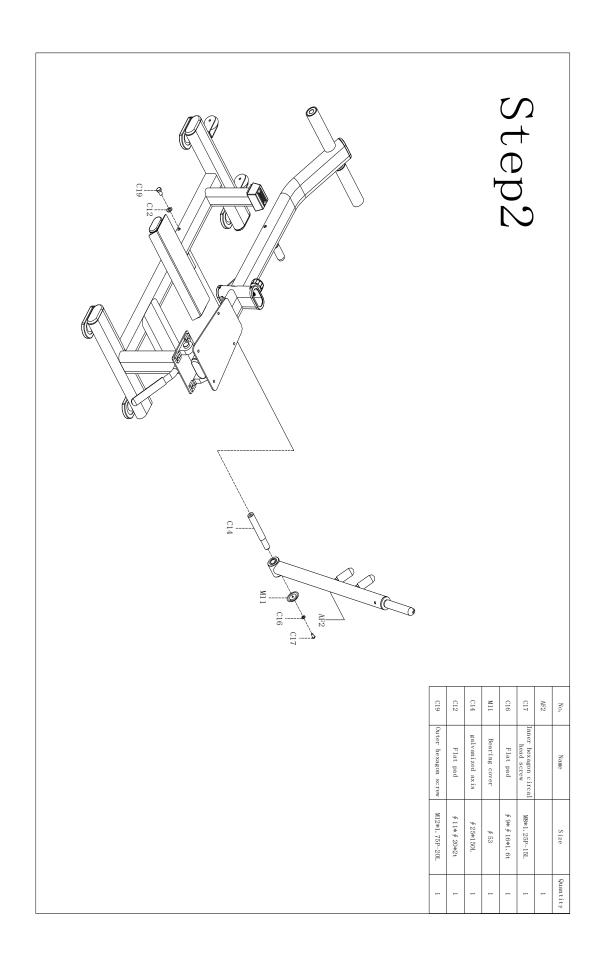
Exploded Picture -AF2

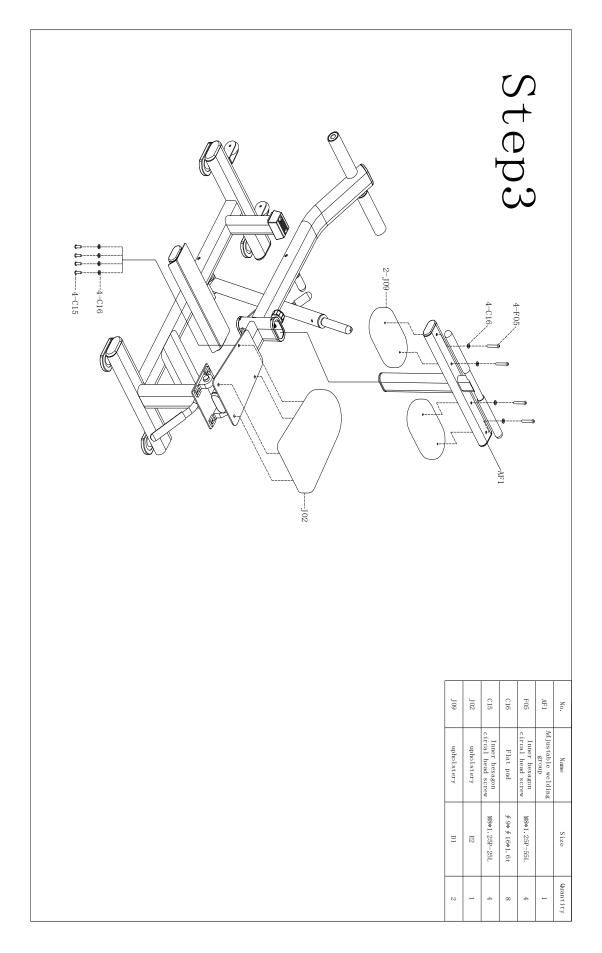
Assembly Step:

Use tool:

- 1. M6 Hex spanner
- 2. Two 17-19 spanner



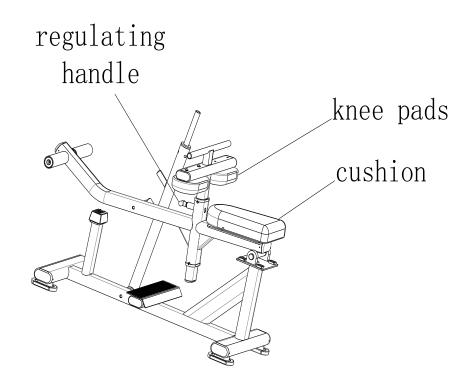


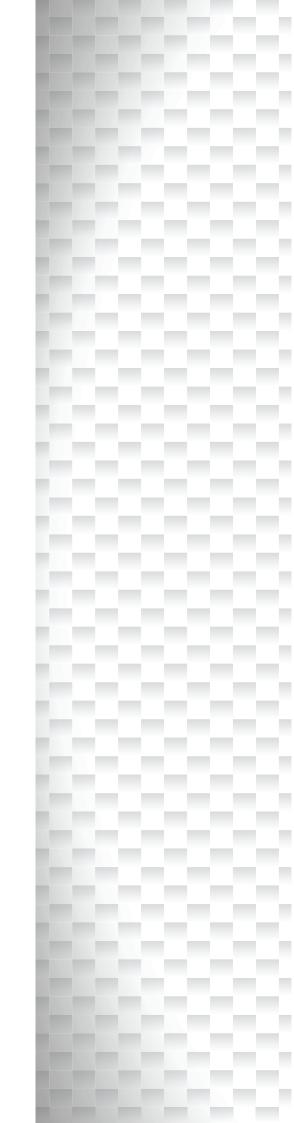


Adjust Instructions

Seat Height Adjustment

- 1. Pull out the adjustable handle, adjust seat cushion to suitable position, and loosen the handle.
- 2. After finish adjusting, please ensure that the bolt of the adjustable handle is inserted to pin hole completely before using the equipment.





Garlando

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