

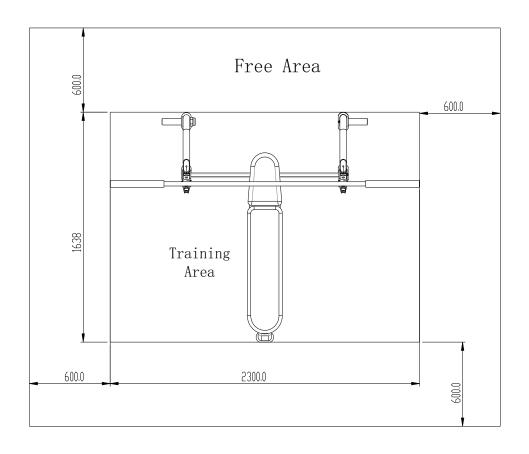
## INSTRUCTION



WBX3400



## Training Area and Free Area



## Specifications

Class: S

Maximum Wt. Capacity: 150kg/330IBS Maximum User Weight: 135kg/297IBS Product Total Surface: 2300\*1638mm Product Total Mass: 100kg/220IBS

#### REGULAR MAINTENANCE

- 1. The safety level of the equipment can be maintained only if it is examined regularly for damage and wear, e.g. ropes, pulleys, connection points;
- 2. Pay special attention to components most susceptible to wear.
- 3. Replace defective components immediately and /or keep t he equipment out of use until repair;

MAINTENANCE	EVERYDAY	EVERY WEEK	THREE MONTHS
Check: connecting, bolt, Weight stack bolt	V		
Clearance:	V		
cushion and cover			
Lubrication:			$\sqrt{}$
place of sliding			
Check:		$\sqrt{}$	
bolt if tighten			
Lubrication:			$\sqrt{}$
Bracket of bearing			

4. This equipment should carry on regular maintenance according to the following chart:

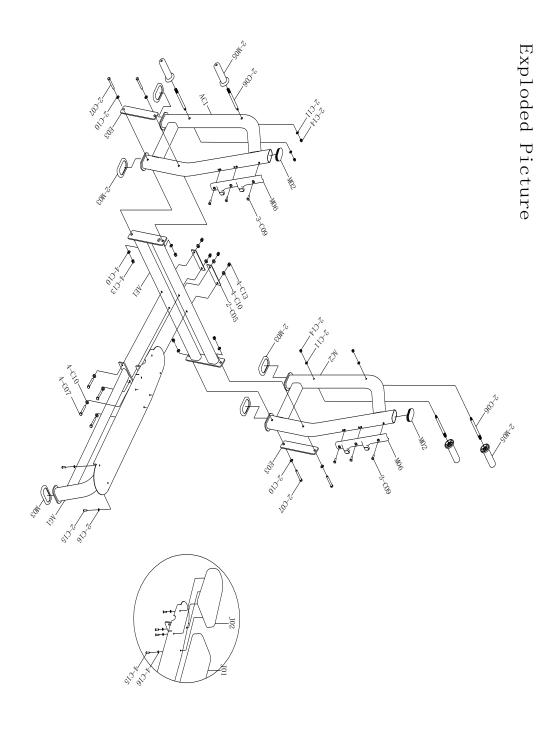
#### INSTALL SKETCH MAP

Let assembly become easier

All the content of user's manual is to assured the strength training machine can be installed more easily

Reading the details and instructions before installing:

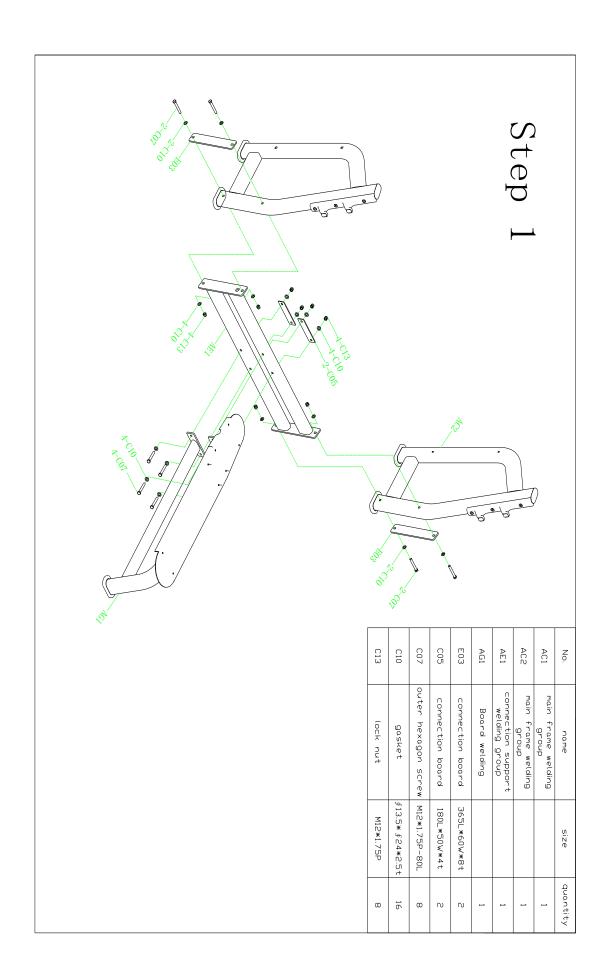
- 1. Because the size and weight of equipment is so large, Please choose the installed place near the desired station and assured there is enough space to exercise
- 2. All parts can be put on the clear area, then backout the wrapper. And the wrapper can't be through away before installation finished.
- 3. Screw the bolt tightly except the additional instruction
- 4. All parts must be installed according the illustration indication.

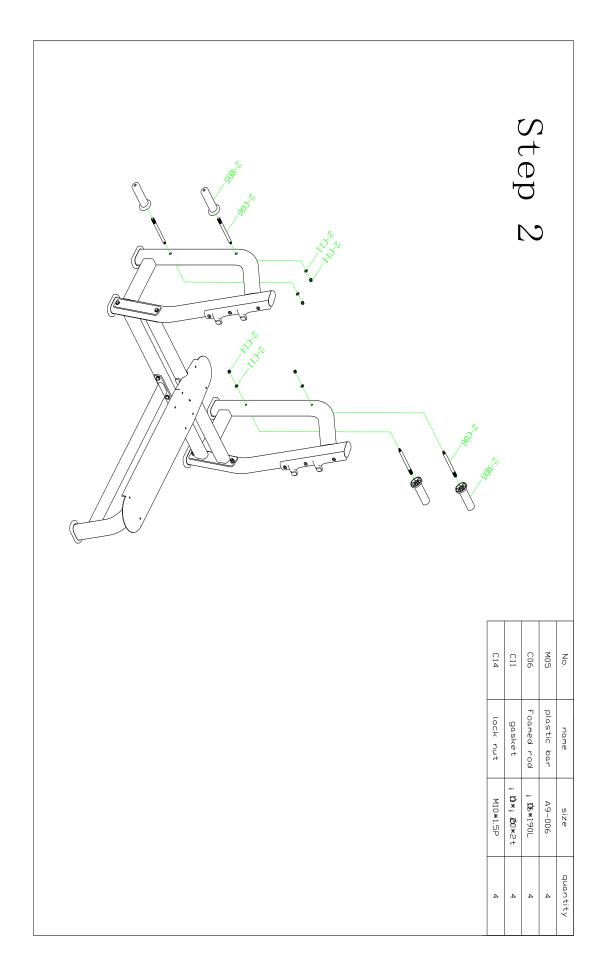


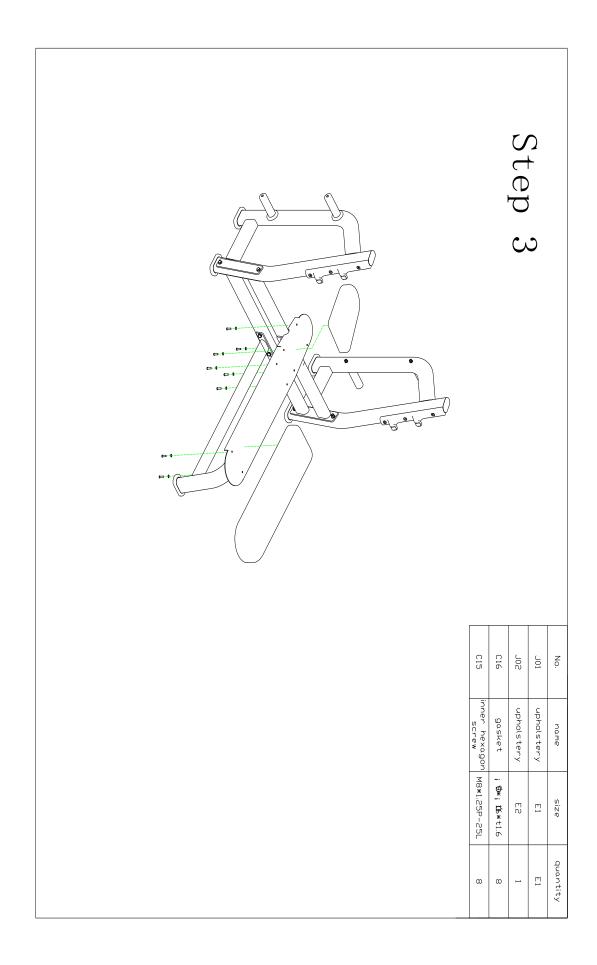
## **Assembly Step:**

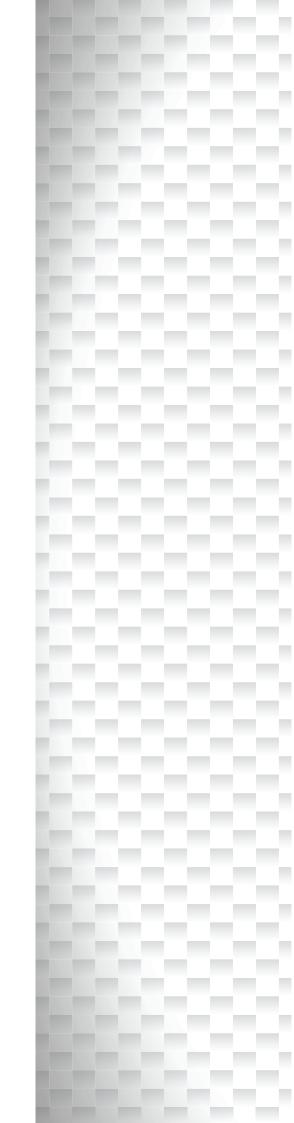
### **Use tool:**

- 1. M6 Hex spanner
- 2. Two 13-16 spanner
- 3. Two 17-19 spanner









# Garlando

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